



Disclaimer - please read and sign to say you understand and agree to the content.

Every person who joins us at the Torus Retreat is on their own individual journey to achieving body, health and wellbeing, so it follows that every person's experience and the way they respond to the detox process will vary.

The information provided by practitioners during this retreat is of a general nature only and is intended for informational purposes. The information is not to constitute advice for any specific situation or replace information supplied by your medical doctor, naturopathic doctor, nutritional therapist, pharmacist and/or any other health care professional.

You are advised to consult with an appropriate health care professional before beginning any new healthy lifestyle program or detoxification/cleansing program.

The information provided during this weekend retreat should in no way be taken as medical advice and you must consult your doctor before changing anything in your current diet, nutrition plan, supplement plan, lifestyle habits, and/or medications.

If you have any specific medical conditions or are taking any medication, it is advised that you consult with your doctor before starting any program. The advice provided do not indicate an exclusive course of treatment or procedure to be followed. The practitioners hosting this retreat are not qualified to diagnose, treat, cure any illness of any kind.

Please consult your health care professional about the applicability of any opinions/recommendations and for any health problem(s) and before using any herbal medicines/supplements or before making any changes in prescribed medications.

The use of any dietary information or detoxing modalities provided during this retreat weekend and on leaving the retreat will be at your own risk.

Please note that you are not advised to discontinue using any of your medications. If you develop any new symptoms during or shortly after the retreat you are advised to consult a healthcare professional immediately.

We assume no responsibility or liability for damage or injury to persons or property arising from any use of any products, information or instruction provided during this retreat weekend.

Clinic Director Dr Nicola Brough

I [insert your name].....have read, understood and find the terms of this disclaimer acceptable.

Signed [sign your name].....

Date: [insert today's date].....

Please take a photo of your signed form (this page only) and return it to info@toruswellbeingclinic.co.uk